



Activities List

the Elementary School Curriculum

Facilitator Resource

UNIT	SESSION	ACTIVITY	MINS
Kindergarten			
K	01-I Love My Body	1: Hokey-Pokey	07
		2: What Can My Body Do?	15
		3: I've Got a Body	08
K	02-Gender Jamboree	1: What is Gender?	07
		2: Sparkle Boy	10
		3: What It Means to Me	13
K	03-Name Game	1:	00
		2:	00
		3:	00
K	04-Squeaky Clean	1: It's Brushing Time	05
		2: Hygiene Help!	15
		3: Brush n' Scrub	30
K	05-My Family Tree	1: My Family and Me	10
		2: A Family is a Family is a Family	10
		3: Someone Special to Me	10
K	06-I'm In Charge of My Body	1: Boss of My Own Body	10
		2: Miles is the Boss of His Body	10
		3: Do I Like That?	10
1st Grade			
01	01-Bits and Bobs	1: Each Bit in its Place	40
01	02-Living Things	1: How Do They Reproduce?	20
		2: Eggs and Seeds and Babies, Oh My!	20
01	03-Unpacking the Gender Box	1:	00
		2:	00
01	04-How to Be a Friend	1: How to Be a Friend	05
		2: Do Unto Otters	15
		3: Friendship Forest	20
01	05-What is Bullying?	1: What is Bullying?	15
		2: The Recess Queen	15
		3: The Hula Hoop Challenge	10

2nd Grade			
02	01-Me and My Friends	1: Let's Talk About Friends!	15
		2: Let's Talk With Friends!	25
02	02-What's a Gender?	1: Beginning with Gender	20
		2: Understanding Expectations	20
02	03-How Does it Work?	1:	00
		2:	00
02	04-Where Do Babies Come From?	1: The Chicken and the Egg	10
		2: Where do Babies Come From?	20
		3: Step by Step	10
02	05-I Decide, You Decide	1: Boundary Charades	30
		2: Know Where to Stop and Go!	20
3rd Grade			
03	01-Crushing It!	1: Welcome and Group Agreements	15
		2: Tell Me How You Feel	20
		3: Find Your Crush	15
03	02-Something Nice To Say	1: Bingo Friends	20
		2: Something Nice	30
03	03-Bodies and Compassion	1: All About Esteem!	20
		2: You Be the Judge	20
		3: Body Manifesto	10
03	04-A Season of Change	1: Puberty Pictionary	30
		2: Puberty Process	20
03	05-Parts and Functions	1: Watch and Learn	20
		2: An Interconnected System	30
03	06-Who Can Tell Me What	1: The Meaning of Trust	20
		2: Puberty Process	30
4th Grade			
04	01-Anatomy & Physiology	1: Welcome and Group Agreements	10
		2: Sorting Things Out	05
		3: What's On the Outside?	25
		4: What's On the Inside?	15
		5: Question Box and Closing	05

04	02-Puberty, Pimples, and Periods	1: Question Box	10
		2: Color-changing Rumps	20
		3: Menstruation Station	15
		4: Erection and Ejaculation	10
		5: Question Box and Closing	05
04	03-I've Got A Feelin'	1: Question Box	10
		2:	00
		3:	00
		4:	00
		5: Question Box and Closing	05
04	04-Give 'Em Somethin' To Talk About	1: Question Box	10
		2: How We Communicate	05
		3: Communication Styles	15
		4: The Play's The Thing!	25
		5: Question Box and Closing	05
04	05-Bullying	1: Question Box	10
		2:	00
		3:	00
		4:	00
		5: Question Box and Closing	05
5th Grade			
05	01-Feelings, Hormones, and More	1: Welcome and Group Agreements	10
		2: You've got a feelin', I've got a feelin', everyone has a feeling!	15
		3: Conversations with myself	15
		4: Human Resources	10
		5: Question Box and Closing	10
05	02-Saying Yes and Saying No	1: Question Box	10
		2: Questions	05
		3: Responses	25
		4: Second Responses	15
		5: Question Box and Closing	05
05	03-When Crushes are Crushed	1: Question Box	10
		2: Crushes Being Crushed	20
		3: After a Crushing	25
		4: Question Box and Closing	05

05	04-Sexually Transmitted Infections	1: Question Box	10
		2:	00
		3:	00
		4:	00
		5: Question Box and Closing	05
05	05-Feeling Safe, Being Safe	1: Question Box	10
		2:	00
		3:	00
		4:	00
		5: Question Box and Closing	05