



Activities List

the High School Curriculum

UNIT	SESSION	ACTIVITY	MINS
The Social Justice Compass			
00	P-Parent Orientation	1: Getting to know us	05
		2: Getting to know you	10
		3: UN HUSHED Sexual Values	20
		4: Social Justice Framework	20
		5: Experiencing a Program Activity	30
		6: Overview of the Program (with youth)	15
		7: Questions (with youth)	15
		8: Closing and Commitment (with youth)	05
00	Y-Youth Orientation	1: Welcome & Introductions	05
		2: What Have You Learned?	10
		3: UN HUSHED Sexual Values	20
		4: Social Justice Framework	20
		5: Survey of Topics	30
		6: Overview of the Program (with parents)	15
		7: Questions (with parents)	15
		8: Closing and Commitment (with parents)	05
Identity			
01	01-Identity, Values, & Sexuality	1: Welcoming, Group Agreements, & Question Box	05
		2: Icebreaker	10
		3: Who Am I?	30
		4: UN HUSHED Values & Social Justice	30
		5: The Sexualitree	30
		6: Question Box and Closing	05
01	02-Gender Identity & Roles	1: Question Box	10
		2: Who Has Gender?	20
		3: Language Trivia	20
		4: People's Gender	30
		5: Your Gender	10
		6: Allyship	25
		7: Question Box and Closing	05

01	03-The 3 Elements of Orientation	1: Question Box	10
		2: Orientation I: Sexual and Romantic Attraction	20
		3: Orientation II: The Three Components	25
		4: Coming Out	25
		5: Allyship and Social Justice	35
		6: Question Box and Closing	05
Relationships			
02	01-Communication	1: Question Box	10
		2: What We've Learned About Talking About Sex	30
		3: Boundaries	30
		4: Flirting & Initiation	15
		5: DOH! Miscommunication	30
		6: Question Box and Closing	05
02	02-Love	1: Question Box	10
		2: Learning Love	30
		3: What is Love? Baby Don't Hurt Me	30
		4: Pressured to Love	30
		5: Intimacy	15
		6: Question Box and Closing	05
02	03-Healthy & Unhealthy Relationships	1: Question Box	10
		2: Healthy or not?	15
		3: Columns and Shadows Model	30
		4: What to do?	40
		5: Self-care in Relationships	20
		6: Question Box and Closing	05
02	04-Power & Control	1: Question Box	10
		2: Seniors vs. Freshmen	50
		3: Consent	20
		4: Without Consent	20
		5: Facts about Alcohol and Consent	15
		6: Question Box and Closing	05
Sexual Health			
03	01-Sexual Response	1: Question Box	10
		2: What We've Learned About Talking About Sex	45
		3: Masturbation	25

		4: Skin Hunger	20
		5: Sexual Activity Choices	15
		6: Question Box and Closing	05
03	02-Pregnancy & Parent Choices	1: Question Box	10
		2: Conception & Fetal Development Timeline	25
		3: Societal Pressures About Parenting	25
		4: Parenting Choices	25
		5: Abortion Fact Checker	30
		6: Question Box and Closing	05
03	03-Prevention & Contraception	1: Question Box	10
		2: My Values About Prevention	15
		3: Barriers, Hormones, LARCs, Oh MY!	40
		4: Factors to Consider	15
		5: Conversation Starters	20
		6: Where to Go?	15
		7: Question Box and Closing	05
03	04-Facts About STIs	1: Question Box	10
		2: Intro to STIs	20
		3: STI Stories	45
		4: STI Conversations	40
		7: Question Box and Closing	05
03	05-Checking In On Sexual Health	1: Question Box	10
		2: What is Sexual Health?	10
		3: Sexual Healthcare Needs	30
		4: Symptoms & Providers	25
		5: Selecting a Healthcare Provider	10
		6: Practicing a Conversation about Sexual Health	25
		7: Question Box and Closing	05
03	06-Accessing Sexual Healthcare	1: Question Box	10
		2: Overview of Wellness Exams	10
		3: Q&A with a Healthcare Panel	20
		4: Question Box & Closing	05

Media			
04	01-Body Media Literacy	1: Question Box	10
		2: Drawing Bodies	25
		3: Colors and Shapes	35
		4: Media Analysis	20
		5: Social Justice	25
		6: Question Box and Closing	05
04	02-Sexually Explicit Media	1: Question Box	10
		2: What is SEM? What is Pornography?	15
		3: Influences of SEM & Porn	30
		4: Values & Beliefs	30
		5: Media Competence	30
		6: Question Box and Closing	05
Global Perspectives			
05	01-Sexual Rights	1: Question Box	10
		2: What are Sexual Rights?	20
		3: The Rights You Have	20
		4: A Global Perspective	35
		5: Fighting for Your Rights	30
		6: Question Box and Closing	05
05	02-What The Future May Bring	1: Question Box	10
		2: Responding to Life Challenges	10
		3: Speaking Up	20
		4: Creating Life Goals	20
		5: Question Box and Closing	05